

- CRO, Chief Revenue Officer, The Author Incubator
- University of Washington BA, School of Drama
- University of Washington Extension, Film Production
- UCLA Extension, Screenwriting Certification
- Center for Yoga, 200 hour Yoga Teacher Training
- Yoga Centers Teacher Training with Aadil Palkhivala
- Spiritual Mentorship with Marla Frees
- Freedom Course, The Calling x2, weekly group Coaching with Breck Costin
- Matrix Energetics, Level 1, 2, & 3, based in Quantum Physics.
- Coach Training Alliance, Life Coaching Certification
- Equus Coaching Certification with Koelle Simpson
- Facilitator of Weekly Coaching Circle, 6 years running
- Creator of The Intensives
- Int'l Retreat in Costa Rica, 5 years running
- Mystic Cowgirl Camp in Malibu and Costa Rica
- Pegasus Equine Assisted Counseling, Level 1
- YogaWorks 200 hour Yoga Teacher Bridge Training
- **Good Enough, The Wild Woman's Guide to Finding Love Without Losing Her Soul**, author
- Philly Voice, contributing writer
- Lionsgate, Director of Int'l Distribution 2005-2011
- MGM, Manager WorldWide Distribution Services 1997-2005